

Waves Info: \$5 entry due by Monday 10-24-11 * Everyone will swim in up to 3 events and 2 relays. The coaches will choose the events to use every swimmers best to help the team score points in the dual meet format. There will be hotdogs and snacks and beverages afterward. Medina HS/Rec. is a very nice newer facility. Everyone can meet at the Rec. Center at 1 PM to caravan/carpool to the meet. If you need a ride ar can provide a ride set it up with team mates or meet at 1PM in the lot by the pond.**

We also will need a some parents to help time at the meet, please plan on helping for a little when you are there. It is not difficult at all. We need all Waves, all ages to help us win this meet.

Medina vs. Westlake Dual swim Meet

Sponsored by Medina Makos 11/29/11, 2011

Held under USA Swimming Sanction LE _____

LOCATION: Medina Recreational Center, 855 Weymouth Rd, Medina, Oh, 44256

POOL: 25 yards by 8 lanes, ample locker room space, bleachers, 8 lane scoreboard, concessions and parking in the back of the recreational center.

POOL: 8 lanes, 25-yard indoor pool, locker rooms, grandstand seating, Daktronics timing system and scoreboard.

STARTING TIMES: Warm-up will begin at 2:00 p.m., with the meet starting at 3:00 p.m.

ENTRY LIMITATIONS. Swimmers may enter 3 individual events/day exclusive of relays. Swimmers may compete in 2 relays/day. There will be one or two heats for each event.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25- yard course. All events are timed finals. This will be a pre seeded meet. There is No penalty for failure to show for an event.

Events may be combined.

SCORING (if any): INDIVIDUAL: 8-6-5-4-3-2-1-0; RELAYS...10-5-3-0;

AWARDS: All participants can have hot dogs, snacks and beverages after the competition

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

SCHEDULE OF EVENTS

Saturday (11/29/11) – 2:00 Warm-Up, 3:00 p.m. meet start (Timed Finals)

Girls #	Age Group/Stroke	Boys #
1	Open 200 Freestyle	2
3	10 & under 200 Medley Relay	4

5	12 & under 200 Medley Relay	6
7	13-14 Medley Relay	8
9	Open 200 Medley Relay	10
11	8 & Under 50 Freestyle	12
13	10 & Under 50 Freestyle	14
15	11 – 12 50 Freestyle	16
17	13-14 50 Freestyle	18
19	Open 50 Freestyle	20
21	10 & Under 50 Butterfly	22
23	11 – 12 50 Butterfly	24
25	13-14 Butterfly	26
27	Open 100 Butterfly	28
29	10 & Under 100 IM	30
31	11 – 12 100 IM	32
33	13-14 200 IM	34
35	Open 200 IM	36
37	10 & Under 100 Freestyle	38
39	11 – 12 100 Freestyle	40
41	13-14 100 Freestyle	42
43	Open 100 Freestyle	44
45	8 & Under 50 Back Stroke	46
47	10 & Under 50 Back Stroke	48
49	11 – 12 50 Back Stroke	50
51	13-14 100 Back Stroke	52
53	Open 100 Back Stroke	54
55	10 & Under 50 Breaststroke	56
57	11 – 12 50 Breaststroke	58
59	13-14 100 Breaststroke	60
61	Open 100 Breaststroke	62
63	Open 500 Freestyle	64
65	10 & under 200 Freestyle Relay	66
67	12 & under 200 Freestyle Relay	68
69	13-14 200 Freestyle Relay	70
71	Open 200 Freestyle Relay	72