

Waves Info: Entry due Wed. 1-25-12 ** \$7 per event ** +\$3
Nice pool, you must a slower than an A time. Great opportunity to get in a couple of the longer events, get your championship cut, get all of your IMX events, and just better your time. Challenge yourself!

Distance Animal Meet

Hosted by THE YMCA OF WOOSTER SWIM TEAM (YWO) February 12, 2012

Held under USA Swimming Sanction # LE 1208 S

LOCATION: Wooster High School, Ellen Shapiro Natatorium, 515 Oldman Road, Wooster, OH, 44691

POOL: The competitive swimming pool measures 8 lanes by 25 yards. Daktronics timing system and 8-lane digital readout scoreboard; ample locker room space and balcony seating for spectators. Continuous warm-up and warm-down will be available in non-competitive end of the pool. The facility is located on the west end of Wooster High School, with adjacent free parking in the west parking lot. Please enter through the doorways facing the west parking lot. Spectators may enter the facility on the stairway on the right of the hallway as you enter the building. Swimmers may proceed to the locker rooms which are located down the first hallway on the right past the stairs.

STARTING TIMES: Warm-up will begin at 8:00 a.m. and last 45 minutes with the meet starting at 8:50 a.m. Continuous warm-up will be available in the non-competitive portion of the pool. Afternoon warm-up will begin 15 minutes after the conclusion of the morning session. Estimated warm-up times will be posted at www.lakeeriewimming.com by Friday, February 10, 2012.

ENTRY LIMITATIONS: Swimmers may enter no more than 2 events. However, it is the expectation that coaches will take the responsibility for monitoring swimmer entries and events. **No break will be taken between events.** We reserve the right to limit entries to ensure a manageable meet.

DECK ENTRIES: Deck entries will be accepted on a space available basis only (post scratches) and will be seeded **at time**. Deck entries will be closed 35 minutes before the start of each session. The cost of deck entries is \$10.00 per individual event. Switching events constitutes a deck entry. Deck entry swimmers new to the meet must pay \$2.00 surcharge and provide proof of USA Swimming membership. **On-deck athlete USA Swimming registration will be available, however on-deck coach registration will not.**

QUALIFYING TIMES: **Except as indicated below for 10 & Under swimmers, swimmers may enter only those events offered at Championships for their age as of March 9, 2012, and their entry times must be slower than the qualifying time for Gold Championships for that age group.** Exception: 10 & Under swimmers may enter the 200 breast, 200 back, and/or 200 fly if they are equal to or faster than the NAG B time in the corresponding 100 stroke. See the attached time standard sheet. 10 & Unders who qualify must enter their best estimate of their time in the 200 strokes. All swimmers must enter with a time even if it is an estimated time. NT will NOT be accepted.

SWIMMERS WITH A DISABILITY: Swimmers with a disability who desire special seeding consideration should attach a note to their entry indicating what event(s) they wish to swim and the event(s) with which they would like to swim it (e.g., swim the 500 free with the 1650). Also include a list of any special accommodations that will be needed.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25-yard course. All events are timed finals. All events will be run slowest to fastest. **Swimmers who are 12 & under, and are entered in the 500 may be seeded in slower heats in order to assure that they are done within 4 hours.**

SEEDING & CHECK IN: Events will be deck-seeded. Check in sheets will be posted on the pool office windows. Swimmers should check-in before warm-up and no later than 30 minutes prior to the start of each session. The LESI scratch rule will be in effect. In accordance with 102.1.4, events may be seeded together but scored separately. Swimmers who check in for an event and do not compete will be fined \$25 per event in accordance with the LESI scratch rule (attached) unless the referee determines that failure to compete was due to circumstances beyond the control of the swimmer.

AWARDS: Individual Events: Ribbons will be awarded for places 1-3 in each age group: 10 & under, 11-12, 13-14, and 15 & Over. Awards must be picked up at the meet.

ADMISSIONS: \$3.00 includes psych sheet. Heat and lane assignments will be posted on the balcony level after the events have been seeded. Parking is free.

NOTE: **Each swimmer must provide a person to count if desired. Only athletes entered in the meet, working coach, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area. Use of audio or visual recording, including a cell phone, is not allowed in changing areas, restrooms or locker rooms.**

DIRECTIONS: From the north: take I-71 south to S.R. 83. Travel south on S.R. 83 to Friendsville Road. At the Friendsville Road red light turn right. Travel to next light at Oldman Road. Turn right on Oldman Road. Destination will be on the right.

DISTANCE ANIMAL MEET

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Morning Session: 8:00 am Warm-Up, 8:50 am meet start (Timed Finals)

Mixed Girls and Boys Will Swim Together	Slower Than (see attached sheet)	Event Description
1		11 and over 400 IM
2		Open 200 Back
3		Open 200 Breast
4		11 and over 1000 Free
5		Open 200 Fly
6		11 and over 1650 Free

Afternoon Session: Second session warm up will begin 15 minutes after the conclusion of the first session. Estimated timeline will be emailed by Friday, February 10, 2012.

Mixed Girls and Boys Will Swim Together	Slower Than (see attached sheet)	Event Description
7		Open 500 Free

Time Standards for each event and age group

10 AND U GIRLS	EVENT	10 AND U BOYS
Slower than 6:48.39	500 FREE	Slower than 6:44.59
Equal to or faster than 1:45.69 in 100	200 BACK	Equal to or faster than 1:42.89 in 100
Equal to or faster than 1:59.99 in 100	200 BREAST	Equal to or faster than 1:55.69 in 100
Equal to or faster than 1:57.49 in 100	200 FLY	Equal to or faster than 1:55.19 in 100
SLOWER THAN		SLOWER THAN
11-12 GIRLS		11-12 BOYS
06:09.3	500 FREE	06:04.7
12:51.7	1000 FREE	12:42.9
21:39.6	1650 FREE	21:23.6
02:35.9	200 BACK	02:32.9
02:56.9	200 BREAST	02:52.9
02:38.6	200 FLY	02:35.3
05:36.1	400 IM	05:28.9
13-14 GIRLS		13-14 BOYS
05:53.0	500 FREE	05:35.2
12:07.6	1000 FREE	11:36.4
20:12.2	1650 FREE	19:15.7
02:27.3	200 BACK	02:18.2
02:46.8	200 BREAST	02:36.3
02:28.6	200 FLY	02:20.3
05:17.8	400 IM	05:00.5
15 & OVER GIRLS		15 & OVER BOYS
05:47.4	500 FREE	05:24.3
11:55.9	1000 FREE	11:12.2
19:58.9	1650 FREE	18:48.0
02:23.9	200 BACK	02:12.4
02:42.8	200 BREAST	02:30.1
02:24.5	200 FLY	02:13.4
05:09.9	400 IM	04:47.8